

Community Development Report

North Area Panel, item 8

Committee:	North Area Panel	Agenda Item
Date:	23 November 2006	8
Title:	Community Development Report	
Author:	John Starr - Community Development Officer (Youth & Arts)	Item for decision

Summary

- 1 To advise the Panel of related community development activities and schemes with which officers have been involved since the previous Panel meeting.
- 2 To bring the Panel's attention to important community based activities that will be taking place during the next few months.

Recommendations

- 3 That the Panel endorses the actions taken by officers to promote greater community capacity and well-being for the community.

Background Papers

None.

Situation

Area Panel Support

- 4 It is envisaged that a North Area Panel Forum will be online by the 28 November 2006.
- 5 The Area Champion has begun research into the possibility of introducing internet based consultation sessions and alternative methodologies for engaging with the residents of Uttlesford online.

Leisure and Cultural Grants

- 6 Since 2003 Uttlesford District Council has given grant aid in the form of the Leisure and Cultural Grant scheme. The Scheme is open to talented individuals, non-profit making organisations and local charities providing services to/for the community and/or for the purpose of assisting the arts,

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sports and cultural clubs. Applications from those residents/established for less than 6 months will **not** be considered.

- 7 Arts, sports and cultural projects/initiatives, which benefit individuals or residents of the Uttlesford District e.g. equipment, training, coaches etc are eligible to apply. N.B. Grants will **not** be given for on-going costs and projects which have already taken place.
- 8 The maximum grant given under the Leisure & Cultural Grant scheme is £500. Applicants must have raised 100% match funding towards the Project/Initiative. Decisions are made by the Chairman of the Community Committee on 1st of each month providing the application form is received by the Funding and Strategic Partnerships Officer by 16th of the preceding month. If the application is successful, payment is made within two weeks of the date of the decision being made.
- 9 The following applications from the North area have received a grant award this financial year:
 1. Saffron Walden Initiative- Follow up to 'Salsa in the Square' and 'Zorba in the Square'. This year event is called 'Dance in the Square' with a ceilidh band. **£300**
 2. Strethall Church Fabric Appeal- Two concerts held annually to fund raise for the church fabric appeal for essential maintenance. Grant would be for help towards cost of performers' fees. **£200**

For further information on the Uttlesford District Council's grants or assistance with funding advice please contact Jane Elsom, Funding and Strategic Partnerships Officer on 01799 510559.

Community Achievement Awards

- 10 Nominations for the 2006/2007 Community Achievement Awards have now been decided. The following recipients have been invited to attend an awards ceremony on Thursday 22nd February at the Council's Offices, London Road, Saffron Walden where they will receive a framed certificate, presented by the Chairman of the Council, as a thank you for all the years of voluntary service they have carried out within the community. The evening will commence with a sherry reception followed by a light buffet after the presentations have taken place.

Jane Ingham	Gt Chesterford	Service to Children and Young People
Janet Howard	Littlebury	Service to the Elderly
John Hosford	Clavering	Service to the Local Community

Peter Lawrence	Little Sampford	Service to the Local Community
Keith Bush	Little Sampford	Service to Children and Young People
Peter Riding	Saffron Walden	Service to the Local Community
Roger Mead	Saffron Walden	Service to the Local Community
Michael Southgate	Radwinter	Service to People with Disabilities
Judith Linwood	Little Chesterford	Service to People with Disabilities
Anna Arend	Wicken Bonhunt	Service to the Local Community
Diane Redfern	Radwinter	Service to People with Disabilities

Bodycare

- 11 Bodycare is a 5-week health promotion scheme run by Uttlesford District Council's Sports Development Officer in partnership with Uttlesford Primary Care Trust. The scheme fits very well into the national curriculum, meeting most of the Health Related Exercise Learning Outcomes for Key Stage 2. These include:

- ◆ Safety Issues
- ◆ Exercise Effects
- ◆ Health Benefits
- ◆ Activity Promotion

It is also possible to link the scheme into the science programme. The scheme is ideally suited for children in years 5 and 6 and aims to:-

- Encourage children to become more active away from school.
- Teach children the effects of exercise and how the body changes during exercise.
- Teach children the benefits of exercise and an active lifestyle.
- Teach children the importance of a balanced diet and energy balance.

The lessons last one hour and cover a range of classroom and practical activities.

Week 1 Exercise and its Effects on the Heart. Fitness Test

**Week 2 Breathing and how the Body Changes during Exercise.
Heart and Lung Circuit.**

Week 3 The Importance of a Balanced Diet. Balancing your Energy Game.

Week 4 Healthy Lifestyles. Making up Games.

Week 5 Quiz on Topics Covered. Second Fitness Test.

We currently have 17 schools signed up to the scheme which equates to 54% of all the primary schools in the District, those primary schools participating from the North area are :- RA Butler, Katherine Semar, St Thomas Moore, Debden, Rickling, Wimbish, Radwinter and Gt Chesterford.

October Sports and Arts Programme

- 12 The District Council once again delivered a full activities programme during the October half term. Young people attended both art and sports activities which were very well received. A number of courses have been remained the same for some time and the Sports and Arts Development Officers will be looking to introduce new activities and formats in the New Year.

Staffing Update

- 13 Since the last meeting the District Council has employed a Communications Manager, Richard Auty. Richard comes to the Council with a wealth of experience, his last employment being with the Hull Daily Mail. Richard will lead on the Council's communication and website development. Richard can be contacted on rauty@uttlesford.gov.uk.